

3 Nov 24 Nov 15 Dec	Option 1	Option 2	Dessert	Grab & go
Mon	<i>Indian classic</i> Chicken curry with rice 🌱 Naan bread Mango chutney	<i>Indian classic</i> Split pea, spinach & coconut dahl 🌱 Naan bread Mango chutney	<i>British classic</i> Chocolate iced sponge	<i>Hot dishes</i> Tomato pasta 🌱 Jacket potatoes with fillings 🌱 <i>Sandwiches, baguettes and wraps</i> With range of popular fillings 🌱 <i>Salad bar</i> 🌱 <i>Fruit pots</i> <i>Vegetable pots</i> <i>Fresh fruit</i> 🌱 <i>Yogurt pots</i> 🌱
Tue	<i>Roast day</i> Roast beef 🌱 Yorkshire pudding stuffing gravy Roast potatoes carrots cauli cheese	<i>Roast day</i> Vegetable roast 🌱 Yorkshire pudding stuffing gravy Roast potatoes carrots cauli cheese	<i>Comforting</i> Apple crumble Custard	
Wed	<i>Japanese style street food</i> Pork Yakisoba 🌱 Noodles rice stir fry vegetables	<i>Japanese style street food</i> Quorn stir fry 🌱 Noodles stir fry vegetables	<i>Grab & go</i> Biscuit day	
Thu	<i>British classic</i> Cottage pie 🌱 Broccoli gravy	<i>British classic</i> Veggie cottage pie 🌱 Broccoli gravy	<i>Belgian</i> Waffles Whipped cream Sauces	
Fri	<i>Friday favourites</i> Chicken goujons 🌱 Battered cod fillet fish fingers Chips baked beans curry sauce	<i>Friday favourites</i> Crispy Quorn strips 🌱 Chips baked beans curry sauce	<i>Goosey goodness</i> Sticky toffee pudding Custard	

🌱 vegetarian
 🌾 gluten free
 🥛 dairy free (Gluten free and dairy free options are available daily)



10 Nov 1 Dec	Option 1	Option 2	Dessert	Grab & go
Mon	Italian	Italian	Retro	Hot dishes Tomato pasta   Jacket potatoes with fillings   Sandwiches, baguettes and wraps With range of popular fillings  Salad bar    Fruit pots Vegetable pots Fresh fruit    Yogurt pots  
	Spaghetti Bolognese  Focaccia bread Sauté leeks Mixed salad	Veggie Bolognese   Focaccia bread Sauté leeks Mixed salad	Apple crumble cake	
Tue	Roast day	Roast day	British classic	
	Roast pork loin   Yorkshire pudding stuffing gravy Roast potatoes broccoli cauli cheese	Roasted vegetable parcel   Roast potatoes broccoli Cauli cheese	Syrup sponge Custard	
Wed	Street food	Iconic pasta	Grab & go	
	Crispy chicken wraps  Potato wedges coleslaw Crisp green salad	Macaroni cheese  Garlic bread	Biscuit day	
Thu	British legend	British legend	It's Greek actually	
	Sausage & mash Savoy cabbage gravy Caramelised onions	Quorn sausage & mash  Savoy cabbage gravy Caramelised onions	Cheesecake	
Fri	Friday favourites	Friday favourites	Familiar favourite	
	Beef burger Battered cod fillet fish fingers Chips baked beans curry sauce	Vegetable quarter pounder   Chips baked beans curry sauce	Chocolate sponge Chocolate sauce	

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17 Nov 8 Dec	Option 1	Option 2	Dessert	Grab & go
Mon	New York classic	New York classic	British classic	Hot dishes Tomato pasta   Jacket potatoes with fillings   Sandwiches, baguettes and wraps With range of popular fillings  Salad bar    Fruit pots Vegetable pots Fresh fruit    Yogurt pots  
	Meatballs & spaghetti in tomato sauce  Garlic bread roasted vegetables Caesar salad	Veggie meatballs & spaghetti in tomato sauce   Garlic bread roasted vegetables Caesar salad	Strawberry sponge cake	
Tue	Roast day	Roast day	Vintage	
	Roast chicken   Yorkshire pudding stuffing gravy Roast potatoes broccoli cauli cheese	Roast Quorn fillet   Yorkshire pudding stuffing gravy Roast potatoes broccoli cauli cheese	Jam & coconut sponge Custard	
Wed	Fish dish	Mexican	Grab & go	
	Baked cod fillet  fish cakes Herby rice green beans Creamy parsley sauce	Quesadilla  Sauté potatoes green beans	Biscuit day	
Thu	Italian classic	Italian classic	Scottish retro	
	Lasagne Garlic & herb roasted baby potatoes Garlic bread roasted vegetables	Veggie lasagne  Garlic & herb roasted baby potatoes Roasted vegetables	Fudge tart	
Fri	Friday favourites	Friday favourites	Asian origin	
	Crumbed chicken burger  Battered cod fillet fish fingers Chips baked beans curry sauce	Crumbed halloumi burger  Chips baked beans curry sauce	Rice pudding Jam	

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Supper menu.

	Week 1	Week 2	Week 3
Mon	Hoisin duck Sweet potato Sauté cabbage mushrooms	Katsu chicken Vegetable fried rice Green beans peas	Spice rubbed chicken legs Steamed rice Mushrooms sweetcorn
Tue	Salmon fillet Egg fried rice Tender stem broccoli leeks	Beef ramen Noodles Gyoza dumplings Stir fry vegetables	Beef & peppers in black bean sauce Udon noodles Mange tout sugar snap peas
Wed	Steak Sauté potatoes Peas coleslaw peppercorn sauce	Fish cakes Egg fried rice Steamed greens	Crumbed pork steak Mushroom cream sauce Lyonnaise potatoes Cauliflower baby carrots
Thu	Jerk chicken thighs Steamed rice Roasted cauliflower sugar snap peas	Honey & sesame duck legs Braised red cabbage sweet potato	Caramel chicken Egg fried rice Tender stem broccoli leeks
Fri	Pork in Cajun cream sauce Hasselback potatoes Stir fry vegetables	Sticky glazed chicken Noodles Pak choi mange tout	Flat iron steak Sweet chilli noodles Stir fry vegetables