



WISBECH GRAMMAR SCHOOL

TALENTED ATHLETE PATHWAY

The **Talented Athlete Pathway (TAP)** is designed for pupils in **First to Fifth Form** who have demonstrated exceptional ability in fundamental movement skills such as sprinting, endurance, agility, power, and strength. Additionally, students identified by our Heads of Sport as **top performers in two or more competitive school sports** may be invited to join.

WHAT TAP OFFERS

- ◆ **Skill-Specific Coaching** – Advanced training tailored to each athlete's needs.
- ◆ **Performance Analysis** – Video breakdown and tactical insights to enhance performance.
- ◆ **Same-Day Physiotherapy** – Immediate access to injury treatment and prevention.
- ◆ **Strength & Conditioning** – Personalised fitness programmes to build power and resilience.
- ◆ **Nutritional Guidance** – Expert advice to optimise energy levels and recovery.

EXPECTATIONS FOR TAP ATHLETES

- ◆ Represent the school in **Saturday and midweek fixtures**.
- ◆ Show commitment, discipline, and **be role models** for other pupils.
- ◆ Balance their **sporting and academic responsibilities** effectively.



Our goal is to **provide the highest level of support** so these young athletes can thrive in both **sport and academics**, while preparing for future success. For more information please contact Mrs Taylor at: cetaylor@wisbechgrammar.com