





















DISHES AND THEIR ALLERGEN CONTENT – LUNCH MENU

MONDAY WEEK 1

														
MENU ITEM	Celery	Gluten	Crustacean	Egg	Fish	Lupin	Milk	Mollusc	Mustard	Nut	Peanut	Sesame	Soybean	Sulphur Dioxide
Spaghetti		GLUTEN WHEAT												
Bolognaise														
Veggie bolognaise		GLUTEN BARLEY		EGG										
Roasted vegetables														
Caesar salad		GLUTEN WHEAT		EGG IN DRESSING			MILK IN DRESSING						SOYBEAN IN CROUTONS	
Peas/ sweetcorn														
Tomato sauce														
Pasta		GLUTEN WHEAT												
Garlic Bread		GLUTEN WHEAT					MILK						SOYBEAN	
Jacket potato														
Baked beans														
Tuna mayonnaise				EGG IN MAYO	FISH									
Cheese							MILK							
Iced sponge cake		GLUTEN WHEAT		EGG										
Angel delights							MILK							
Jelly	Not suitable for vegetarians													












DISHES AND THEIR ALLERGEN CONTENT - LUNCH MENU

TUESDAY WEEK 1

														
MENU ITEM	Celery	Gluten	Crustacean	Egg	Fish	Lupin	Milk	Mollusc	Mustard	Nut	Peanut	Sesame	Soybean	Sulphur Dioxide
Roast chicken														
Yorkshire pudding		GLUTEN WHEAT		EGG			MILK							
Stuffing	MAY CONTAIN	GLUTEN WHEAT/ BARLEY					MAY CONTAIN							
Gravy														
Stuffed mushrooms														
Roast potatoes														
Broccoli														
Cauliflower cheese							MILK IN SAUCE/ CHEESE							
Peas/ sweetcorn														
Tomato sauce														
Pasta		GLUTEN WHEAT												
Garlic Bread		GLUTEN WHEAT					MILK						SOYBEAN	
Jacket potato														
Baked beans														
Tuna mayonnaise				EGG IN MAYO	FISH									
Cheese							MILK							
Apple crumble		GLUTEN WHEAT												
Custard							MILK							
Angel delights							MILK							
Jelly	Not suitable for vegetarians													


DISHES AND THEIR ALLERGEN CONTENT - LUNCH MENU

WEDNESDAY WEEK 1

														
MENU ITEM	Celery	Gluten	Crustacean	Egg	Fish	Lupin	Milk	Mollusc	Mustard	Nut	Peanut	Sesame	Soybean	Sulphur Dioxide
Build-a-baguette	Allergen information available at serving counter													
Baguette		GLUTEN WHEAT/ BARLEY/ OATS/ RYE					MAY CONTAIN					MAY CONTAIN		
Pasta bake	Allergen information available at serving counter													
Veggie pasta bake	Allergen information available at serving counter													
Focaccia bread		GLUTEN WHEAT/ BARLEY/ OATS/ RYE											SOYBEAN	
Ratatouille														
Peas/ sweetcorn														
Tomato sauce														
Pasta		GLUTEN WHEAT												
Garlic Bread		GLUTEN WHEAT					MILK						SOYBEAN	
Jacket potato														
Baked beans														
Tuna mayonnaise				EGGS IN MAYO	FISH									
Cheese							MILK							
Biscuit day	Allergen information available at serving counter													
Angel delights							MILK							
Jelly	Not suitable for vegetarians													
















DISHES AND THEIR ALLERGEN CONTENT - LUNCH MENU

THURSDAY WEEK 1

														
MENU ITEM	Celery	Gluten	Crustacean	Egg	Fish	Lupin	Milk	Mollusc	Mustard	Nut	Peanut	Sesame	Soybean	Sulphur Dioxide
Crispy chicken		GLUTEN WHEAT												
Wraps		GLUTEN WHEAT/ OATS					MAY CONTAIN					MAY CONTAIN		
Macaroni cheese		GLUTEN WHEAT IN MACARONI					MILK CHEESE CREAM							
Baked potato wedges														
Coleslaw				EGG IN MAYO										
Peas/ sweetcorn														
Tomato sauce														
Pasta		GLUTEN WHEAT												
Garlic Bread		GLUTEN WHEAT					MILK						SOYBEAN	
Jacket potato														
Baked beans														
Tuna mayonnaise				EGG IN MAYO	FISH									
Cheese							MILK							
Fudge tart		GLUTEN WHEAT/ BARLEY/ RYE/ OATS					MILK							
Angel delights							MILK							
Jelly	Not suitable for vegetarians													

DISHES AND THEIR ALLERGEN CONTENT - LUNCH MENU

FRIDAY WEEK 1

														
MENU ITEM	Celery	Gluten	Crustacean	Egg	Fish	Lupin	Milk	Mollusc	Mustard	Nut	Peanut	Sesame	Soybean	Sulphur Dioxide
Beef burger	MAY CONTAIN	GLUTEN WHEAT/ BARLEY/ OATS/ RYE		MAY CONTAIN			MAY CONTAIN		MAY CONTAIN			MAY CONTAIN	MAY CONTAIN	SULPHUR DIOXIDE
Burger bun		GLUTEN WHEAT										MAY CONTAIN		
Battered cod fillet		GLUTEN WHEAT IN BATTER			FISH									
Tartar sauce				EGG IN MAYO										
Fish fingers		GLUTEN WHEAT			FISH									
Veggie burger		GLUTEN WHEAT										MAY CONTAIN		
Chips														
Curry sauce							MILK							
Peas/ sweetcorn/ mushy peas														
Tomato sauce														
Pasta		GLUTEN WHEAT												
Garlic Bread		GLUTEN WHEAT					MILK						SOYBEAN	
Jacket potato														
Baked beans														
Tuna mayonnaise				EGG IN MAYO	FISH									
Cheese							MILK							
Chocolate sponge		GLUTEN WHEAT		EGG										
Chocolate sauce							MILK							
Angel delights							MILK							
Jelly	Not suitable for vegetarians													













DISHES AND THEIR ALLERGEN CONTENT - LUNCH MENU

MONDAY WEEK 2

[illegible]















DISHES AND THEIR ALLERGEN CONTENT - LUNCH MENU

TUESDAY WEEK 2

														
MENU ITEM	Celery	Gluten	Crustacean	Egg	Fish	Lupin	Milk	Mollusc	Mustard	Nut	Peanut	Sesame	Soybean	Sulphur Dioxide
Roast pork loin														
Yorkshire pudding		GLUTEN WHEAT		EGG			MILK							
Stuffing	MAY CONTAIN	GLUTEN WHEAT/BARLEY					MAY CONTAIN							
Gravy														
Ravioli		GLUTEN WHEAT		EGG			MILK		MUSTARD				SOYBEAN	
Roast potatoes														
Carrots														
Cauliflower cheese							MILK IN SAUCE CHEESE							
Peas/ sweetcorn														
Tomato sauce														
Pasta		GLUTEN WHEAT												
Garlic Bread		GLUTEN WHEAT					MILK						SOYBEAN	
Jacket potato														
Baked beans														
Tuna mayonnaise				EGG IN MAYO	FISH									
Cheese							MILK							
Syrup sponge		GLUTEN WHEAT		EGG										
Custard							MILK							
Angel delights							MILK							
Jelly	Not suitable for vegetarians													















DISHES AND THEIR ALLERGEN CONTENT - LUNCH MENU WEDNESDAY WEEK 2

WEDNESDAY WEEK 2

														
MENU ITEM	Celery	Gluten	Crustacean	Egg	Fish	Lupin	Milk	Mollusc	Mustard	Nut	Peanut	Sesame	Soybean	Sulphur Dioxide
Build-a-baguette	Allergen information available at serving counter													
Baguette		GLUTEN WHEAT/ BARLEY/ OATS/ RYE					MAY CONTAIN					MAY CONTAIN		
Creamy chicken potato bake		GLUTEN WHEAT					MILK							
Cheesy leek potato bake		GLUTEN WHEAT					MILK							
Tender stem broccoli														
Crusty French bread		GLUTEN WHEAT					MAY CONTAIN		MAY CONTAIN					
Peas/ sweetcorn														
Tomato sauce														
Pasta		GLUTEN WHEAT												
Garlic Bread		GLUTEN WHEAT					MILK						SOYBEAN	
Jacket potato														
Baked beans														
Tuna mayonnaise				EGG IN MAYO	FISH									
Cheese							MILK							
Biscuit day	Allergen information available at serving counter													
Angel delights							MILK							
Jelly	Not suitable for vegetarians													



DISHES AND THEIR ALLERGEN CONTENT - LUNCH MENU

THURSDAY WEEK 2

														
MENU ITEM	Celery	Gluten	Crustacean	Egg	Fish	Lupin	Milk	Mollusc	Mustard	Nut	Peanut	Sesame	Soybean	Sulphur Dioxide
Lasagne		GLUTEN WHEAT		EGG			MILK							
Quesadilla		GLUTEN WHEAT/ OATS					MILK					SESAME		
Smashed baby jacket potatoes														
Roasted courgettes & mushrooms														
Peas/ sweetcorn														
Tomato sauce														
Pasta		GLUTEN WHEAT												
Garlic Bread		GLUTEN WHEAT					MILK						SOYBEAN	
Jacket potato														
Baked beans														
Tuna mayonnaise				EGG IN MAYO	FISH									
Cheese							MILK							
Cheesecake		GLUTEN WHEAT/ BARLEY/ OATS/ RYE					MILK IN CREAM CREAM CHEESE							
Angel delights														
Jelly	Not suitable for vegetarians													
















DISHES AND THEIR ALLERGEN CONTENT - LUNCH MENU

FRIDAY WEEK 2

															
MENU ITEM	Celery	Gluten	Crustacean	Egg	Fish	Lupin	Milk	Mollusc	Mustard	Nut	Peanut	Sesame	Soybean	Sulphur Dioxide	
Chicken goujons		GLUTEN WHEAT													
Battered cod fillet		GLUTEN WHEAT IN BATTER			FISH										
Tartar sauce				EGG IN MAYO											
Fish fingers		GLUTEN WHEAT			FISH										
Crispy Quorn strips		GLUTEN WHEAT													
Chips															
Curry sauce							MILK								
Peas/ sweetcorn/ mushy peas															
Tomato sauce															
Pasta		GLUTEN WHEAT													
Garlic Bread		GLUTEN WHEAT					MILK						SOYBEAN		
Jacket potato															
Baked beans															
Tuna mayonnaise				EGG IN MAYO	FISH										
Cheese							MILK								
Sticky toffee pudding		GLUTEN WHEAT		EGG			MILK IN TOFFEE SAUCE								
Custard							MILK								
Angel delights							MILK								
Jelly	Not suitable for vegetarians														














DISHES AND THEIR ALLERGEN CONTENT - LUNCH MENU

MONDAY WEEK 3

														
MENU ITEM	Celery	Gluten	Crustacean	Egg	Fish	Lupin	Milk	Mollusc	Mustard	Nut	Peanut	Sesame	Soybean	Sulphur Dioxide
Beef meatballs	MAY CONTAIN	MAY CONTAIN		MAY CONTAIN			MAY CONTAIN		MAY CONTAIN				MAY CONTAIN	SULPHUR DIOXIDE
Tomato sauce														
Veggie meatballs		GLUTEN WHEAT/ BARLEY/ OATS											SOYBEAN	
Spaghetti		GLUEN WHEAT												
Roasted vegetables														
Mixed salad									MUSTARD CRESS					
Peas/ sweetcorn														
Tomato sauce														
Pasta		GLUTEN WHEAT												
Garlic Bread		GLUTEN WHEAT					MILK						SOYBEAN	
Jacket potato														
Baked beans														
Tuna mayonnaise				EGG IN MAYO	FISH									
Cheese							MILK							
Arctic roll		GLUTEN WHEAT		EGG			MILK						SOYBEAN	
Angel delights							MILK							
Jelly	Not suitable for vegetarians													

DISHES AND THEIR ALLERGEN CONTENT - LUNCH MENU

TUESDAY WEEK 3

														
MENU ITEM	Celery	Gluten	Crustacean	Egg	Fish	Lupin	Milk	Mollusc	Mustard	Nut	Peanut	Sesame	Soybean	Sulphur Dioxide
Roast chicken														
Yorkshire pudding		GLUTEN WHEAT		EGG			MILK							
Stuffing	MAY CONTAIN	GLUTEN WHEAT/BARLEY					MAY CONTAIN							
Gravy														
Quorn fillet		GLUTEN WHEAT												
Roast potatoes														
Broccoli														
Cauliflower cheese							MILK IN SAUCE CHEESE							
Peas/ sweetcorn														
Tomato sauce														
Pasta		GLUTEN WHEAT												
Garlic Bread		GLUTEN WHEAT					MILK						SOYBEAN	
Jacket potato														
Baked beans														
Tuna mayonnaise				EGG IN MAYO	FISH									
Cheese							MILK							
Jam sponge		GLUTEN WHEAT		EGG										
Custard							MILK							
Angel delights							MILK							
Jelly	Not suitable for vegetarians													














DISHES AND THEIR ALLERGEN CONTENT - LUNCH MENU

WEDNESDAY WEEK 3

MENU ITEM	Celery	Gluten	Crustacean	Egg	Fish	Lupin	Milk	Mollusc	Mustard	Nut	Peanut	Sesame	Soybean	Sulphur Dioxide
Build-a-baguette	Allergen information available at serving counter													
Baguette		GLUTEN WHEAT/ BARLEY/ OATS/ RYE					MAY CONTAIN					MAY CONTAIN		
Stir fry	Allergen information available at serving counter													
Veggie stir fry	Allergen information available at serving counter													
Egg noodles		GLUTEN WHEAT		EGG										
Stir fry vegetables														
Peas/ sweetcorn														
Tomato sauce														
Pasta		GLUTEN WHEAT												
Garlic Bread		GLUTEN WHEAT					MILK						SOYBEAN	
Jacket potato														
Baked beans														
Tuna mayonnaise				EGG IN MAYO	FISH									
Cheese							MILK							
Biscuit day	Allergen information available at serving counter													
Angel delights							MILK							
Jelly	Not suitable for vegetarians													

DISHES AND THEIR ALLERGEN CONTENT - LUNCH MENU

THURSDAY WEEK 3

														
MENU ITEM	Celery	Gluten	Crustacean	Egg	Fish	Lupin	Milk	Mollusc	Mustard	Nut	Peanut	Sesame	Soybean	Sulphur Dioxide
Chilli con carne		GLUTEN WHEAT/ BARLEY/ OATS/ RYE							MUSTARD				SOYBEAN	
Macaroni cheese		GLUTEN WHEAT IN MACARONI					MILK CHEESE CREAM							
Rice														
Flat bread		GLUTEN WHEAT												
Garlic roasted courgettes														
Peas/ sweetcorn														
Tomato sauce														
Pasta		GLUTEN WHEAT												
Garlic Bread		GLUTEN WHEAT					MILK						SOYBEAN	
Jacket potato														
Baked beans														
Tuna mayonnaise				EGG IN MAYO	FISH									
Cheese							MILK							
Waffles		GLUTEN WHEAT		EGG			MILK						SOYBEAN	
Angel delights							MILK							
Jelly	Not suitable for vegetarians													

DISHES AND THEIR ALLERGEN CONTENT - LUNCH MENU

FRIDAY WEEK 3

[illegible]