



	Monday	Tuesday	Wednesday	Thursday	Friday
	Lunch Week 3				
	Week commencing 18 Sep/ 9 Oct/ 13 Nov/ 4 Dec				
Drinks & snacks	Water, flavoured water, smoothies, fruit juices Cereal bars, rice cakes, pop chips, popcorn, crisps				
	Main meals				
Meaty main	Meatballs in tomato sauce	Roast turkey with Yorkshire pudding	Fajitas	Pie of the day	Cheeseburger Battered cod fillet Fish fingers
Vegetarian	Quesadilla	Cannelloni	Halloumi & pepper wrap	Quorn & leek pie	Southern fried Quorn burger
Sides	Spaghetti Sauté potatoes Garlic bread	Roast potatoes Broccoli Cauliflower cheese	Potato wedges Peas Sweetcorn	Mash Green beans Gravy	Chips Baked beans, mushy peas Curry sauce
	Pasta/ deli				
Pasta/ deli	Veggie meatball pasta	Tomato pasta	Build-a-baguette	Mac & cheese	Tomato pasta
Jacket potatoes	Whole and half jacket potatoes with baked beans, tuna mayonnaise and cheese				
Sandwiches/ salads	Sandwiches on bloomer bread, baguettes and wraps with a range of popular fillings Salad pots and vegetable pots				
	Desserts/ sweet treats/ fruit				
Dessert	Apple crumble cake with custard	Vanilla sponge with cream	Arctic roll	Biscuit day	Jam sponge with custard
Sweet treats	Dessert pots, yogurts, jelly, fruit pots, fresh fruit				