

|                       | Monday                                                                                                             | Tuesday                                          | Wednesday                                | Thursday                                  | Friday                                                        |
|-----------------------|--------------------------------------------------------------------------------------------------------------------|--------------------------------------------------|------------------------------------------|-------------------------------------------|---------------------------------------------------------------|
|                       | Lunch Week 1                                                                                                       |                                                  |                                          |                                           |                                                               |
|                       | Week commencing 8 Jan/ 29 Jan/ 26 Feb/ 18 Mar                                                                      |                                                  |                                          |                                           |                                                               |
| Drinks<br>& snacks    | Water, flavoured water, smoothies, fruit juices<br>Cereal bars, rice cakes, pop chips, popcorn, crisps             |                                                  |                                          |                                           |                                                               |
| _                     | Main meals                                                                                                         |                                                  |                                          |                                           |                                                               |
| Meaty main            | Spaghetti bolognaise                                                                                               | Roast chicken with Yorkshire pudding             | BBQ pork ribs<br>Chicken goujons         | Butcher's pork sausages                   | Crumbed chicken burger<br>Battered cod fillet<br>Fish fingers |
| Vegetarian            | Veggie bolognaise                                                                                                  | Nutless roast slice                              | Quesadilla                               | Quorn sausages                            | Halloumi burger                                               |
| Sides                 | Garlic bread<br>Roasted Mediterranean<br>vegetables                                                                | Roast potatoes<br>Broccoli<br>Cauliflower cheese | Potato wedges<br>Green beans<br>Coleslaw | Mash<br>Peas, caramelised onions<br>Gravy | Chips<br>Baked beans, mushy peas<br>Curry sauce               |
|                       | Pasta/ deli                                                                                                        |                                                  |                                          |                                           |                                                               |
| Pasta/ deli           | Tomato pasta                                                                                                       | Carbonara                                        | Tomato pasta                             | Mac & cheese                              | Tomato pasta                                                  |
| Jacket<br>potatoes    | Whole and half jacket potatoes with baked beans, tuna mayonnaise and cheese                                        |                                                  |                                          |                                           |                                                               |
|                       |                                                                                                                    |                                                  |                                          |                                           |                                                               |
| Sandwiches/<br>salads | Sandwiches on bloomer bread, baguettes and wraps with a range of popular fillings<br>Salad pots and vegetable pots |                                                  |                                          |                                           |                                                               |
|                       | Desserts/ sweet treats/ fruit                                                                                      |                                                  |                                          |                                           |                                                               |
| Dessert               | lced sponge<br>with custard                                                                                        | Apple crumble with custard                       | Chocolate tiffin                         | Cheesecake                                | Chocolate sponge with chocolate sauce                         |
| Sweet treats          | Dessert pots, yogurts, jelly, fruit pots, fresh fruit                                                              |                                                  |                                          |                                           |                                                               |