



	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch Week 3					
Week commencing 23 Jan/ 20 Feb/ 13 Mar					
Drinks & snacks	Water, flavoured water, smoothies, fruit juices Cereal bars, rice cakes, pop chips, popcorn, crisps				
Main meals					
Meaty main	Classic lasagne	Roast chicken with Yorkshire pudding	Sausage & mash	Japanese style beef sukiyaki	Crispy chicken wrap Fish fingers Battered cod fillet
Vegetarian	Quesadilla	Quorn roast	Veggie cottage pie	Sweet chilli tofu	Halloumi goujons
Sides	Sauté potatoes Garlic bread Roasted vegetables	Roast potatoes Cauliflower cheese Carrots	Gravy Peas Sweetcorn	Rice Noodles Pak choi & mange tout	Chips Baked beans, mushy peas Curry sauce
Pasta/ deli					
Pasta/ deli	Tomato pasta	Bacon carbonara	Build-a-baguette	Mac & cheese	Tomato pasta
Jacket potatoes	Whole and half jacket potatoes with baked beans, tuna mayonnaise and cheese				
Sandwiches/ salads	Sandwiches on bloomer bread, baguettes and wraps with a range of popular fillings Salad pots and vegetable pots				
Desserts/ sweet treats/ fruit					
Dessert	Neapolitan cake	Pear & coconut crumble with custard	Chocolate tiffin	Custard tart	Jam sponge with custard
Sweet treats	Dessert pots, yogurts, jelly, fruit pots, fresh fruit				