



	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch Week 2					
Bakery	Local and freshly baked breads, butter, balsamic & olive oil				
Week commencing 29th April 20th May 10th June 1st July					
Meaty mains	Chilli can carne / Pasta bolognaise	Roast Chicken & sage & onion stuffing	Pork chow Mein	Butchers sausages	House Battered Fish Fillet / Fish Fingers Chicken Gougons
No meat option	Stuffed cheesy mushrooms	Ratatouille served with steamed rice	Cheese, tomato & red pepper tortillas	Quorn & vegetable lasagne	Cheese & roasted onion quiche
On the side...	Rice/pasta Peas & sweetcorn Garlic bread	Roasted Potatoes Carrots Broccoli Florets	Prawn crackers Seasonal vegetables	Mash potatoes Garlic bread Sweetcorn & peas	Chipped Potatoes Baked Beans Mushy Peas Gravy or Curry Sauce
Deli jackets & or pasta					
Pasta	Quorn Bolognaise	Tomato sauce	Macaroni cheese	Tomato & cheese Pasta bake	Tomato & basil
Jackets	Baked Potatoes Served daily with hot and cold fillings and daily specials in addition to the menu				
Filled breads	Baguettes, wraps and sandwiches are available with a range of popular fillings.				
Self-serve crudités salad bar					
Fresh	Different varieties, cuts and shapes of salad vegetables, seasonal leaves, beans and pulses				
Finish...	House vinaigrette dressing, mayonnaise, house made infused oils or simple balsamic vinegar and olive oil				
Desserts, puddings and sweets					
Dessert	Jelly & Ice-cream	Apple Pie with custard	Chocolate sponge & chocolate sauce	Vanilla Cheesecake served with a fruit coulis	Syrup sponge & custard
Cold treats	Dessert pots, yoghurts, jelly and fresh fruits served daily along with a range of chilled drinks				

Dish/Item	Cereals, Gluten, Wheat	Crustacean	Eggs	Fish with fins	Peanuts	Soya & soya beans	Milk and dairy	Celery	Mustard	Sesame	Nuts	Sulphur dioxide & sulphites	Lupin	Molluscs
Chilli con carne														
Stuffed mushrooms							X							
Ratatouille & Rice														
Pork Chow Mein	X		X					X						
Sausages	X											X		
Cheese, tomato, tortilla	X						X							
Margarita pizza	X						X							
Quorn & Veg Lasagne	X		X				X							
Cheese/tomato bake	X						X							
Battered fish	X			X										
Fish fingers	X		X	X										
Burgers	X											X		
Cheese & Onion quiche	X		X				X							
Macaroni cheese	X						X							