



	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch Week 1					
Bakery	Local and freshly baked breads, butter, balsamic & olive oil				
Week commencing 22nd April 13 May 3rd June 24th June 2019					
Meaty mains	Creamy mild Chicken Korma	Roast Beef & Yorkshire puddings	Chicken & Leek pie with puff pastry lid	BBQ pulled pork wrap	House Battered Fish Fillet / Fish Fingers Beef burger in a bun
No meat option	Quesadillas with cheese & Tomato & salsa	Grilled Halloumi & vegetable skewers	Roasted vegetable served with fried rice	Cauliflower & Broccoli cheese bake	Asparagus & new potato Frittata
On the side...	Steamed Rice Peas & sweetcorn poppadum's	Roasted Potatoes Carrots Broccoli Florets	Oven baked Potato Wedges Seasonal vegetables	Creamed Potatoes Baby carrots Garden Peas	Chipped Potatoes Baked Beans Mushy Peas Gravy or Curry Sauce
Deli jackets & or pasta					
Pasta	Quorn bolognaise (V)	Tomato sauce	Macaroni cheese	Carbonara sauce	Tomato & basil
Jackets	Baked Potatoes Served daily with hot and cold fillings and daily specials in addition to menu				
Filled breads	Baguettes, wraps and sandwiches are available with a range of popular fillings.				
Self-serve crudité salad bar					
Fresh	Different varieties, cuts and shapes of salad vegetables, seasonal leaves, beans and pulses				
Finish...	House vinaigrette dressing, mayonnaise, house made infused oils or simple balsamic vinegar and olive oil				
Desserts, puddings and sweets					
Dessert	Chocolate chip sponge & chocolate sauce	Strawberry shortbread with cream	Apple & Raspberry crumble with custard	Chocolate cheesecake	Cornflake tart & custard
Cold treats	Dessert pots, yoghurts, jelly and fresh fruits served daily along with a range of chilled drinks				

Dish/Item	Cereals, Gluten, Wheat	Crustacean	Eggs	Fish with fins	Peanuts	Soya & soya beans	Milk and dairy	Celery	Mustard	Sesame	Nuts	Sulphur dioxide & sulphites	Lupin	Molluscs
Chicken Korma							X							
Quesadillas	X						X							
Halloumi skewers							X							
Chicken & Leek Pie	X		X				X							
Veg & Rice								X						
Cauli cheese bake	X						X							
Margarita pizza	X						X							
Quorn bolognaise			X					X						
Pulled pork wrap	X													
Battered fish	X			X										
Fish fingers	X		X	X										
Asparagus frittata			X				X							
Macaroni cheese	X						X							